

# STRENGTHEN YOUR RELATIONSHIPS!



## FREE PARENTING WORKSHOPS

**Guiding good choices is a national program based on the best available research for parents & caregivers and available to all community members for free!**

### What You'll Learn:

- Over the course of five weeks, you'll learn skills to help you
- Strengthen family bonds
  - Improve Communication
  - Handle Conflict in a Healthy Way
  - Help your kids avoid risky behaviors



### WORKSHOP INCLUDES

- ★ **Free dinner!**
- ★ **Board games and other fun prizes!**
- ★ **Free pool punch passes for families that complete all 5 sessions!**

**MONDAYS Starting February 24**  
**6:00–8:00 pm**  
**Sevier County Admin Building (Room B26)**

February 24

March 17

March 3

March 24

March 10

**SIGN UP NOW!**



Use the QR code or contact Laura Leavitt  
**435-592-1801**  
**laural@cucc.us**

